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Welcome Dana!

From Our Minister. . . Ask and It Is Given

Dear Friends,

Beginning in mid-Summer, I began to hear a "buzz" about channeler Esther Hicks and the group of entities she channels named Abraham.

At that time I truly did not give it a second thought. In all these decades as a metaphysical student and spiritual teacher and minister, myriad channelers have stumbled onto my path, collided with my path, and crossed my path.

Some have been interesting and for a while had something to say. Some have been absolutely bizarre, oozing with personality rather than spirit.

I basically observed and generally felt it just wasn't my cup of tea. I would choose the Holy Spirit to be my guide and my own inner guidance and wisdom to direct me. This has worked extremely well for me, keeping me out of the pitfalls I have seen so many fall into.

Then, at the end of July, while speaking in Arizona at the International New Thought Alliance Association, a fellow minister, who has served his church for more than 40 years and who I have casually known and respected for 30 years, spoke to me about the Abraham material and how he was using it in his ministry.

Because of my respect for this senior minister, I told him I would investigate further. He seemed pleased and said he would soon mail a CD from a recent lecture by Abraham. He reminded me there would be nothing new for me, that just the way Abraham explained how metaphysics works would be most interesting and helpful.

This has proven to be so, and to such a degree that I am basing the five Sunday lessons in October on this material from the CDs and the book, **Ask and It Is Given** (available in our bookstore). Also, our new Associate Minister Dana Cummings will be expanding on the Sunday lessons at the Thursday 7:00 p.m. services.

We surely will have a joyous and creative month together. I am looking forward to seeing you.

Loving you,




Is Joy Your Reason for Being?

By David Alexander

We in New Thought always discuss peace, love and joy, with peace and love getting most of the attention. Let us not overlook joy, however, for that is the reason for our being on this planet, in this incarnation, at this time.

His Holiness the Dalai Lama says the purpose of life is "to be happy." Like all facets of each of us, it is our responsibility to create happiness, or joy, for ourselves.

What gives you joy? Maybe it's going to a movie, eating out, talking with friends, sitting under a tree, gazing into your lover's eyes, listening to your favorite music, traveling, smiling at people you pass on the sidewalk, working at your profession, giving to your church, engaging in your spiritual practice.

All of the above include many of my choices. I am sure you have your own. But you must be intimately involved in your own spiritual development to truly experience joy. Very often "fun" is of the ego, is at the expense of someone else, or is harmful to you. Joy is not.

A Course in Miracles says, "Joy is the inevitable result of gentleness." And how do we become gentle? By being true to our spiritual path. And when we feel joy most of the time, we know we are making spiritual progress.

Remember, we can only have joy in the present moment. If we are thinking about the past or worrying about the future, joy is nowhere to be found.

So be joyful. . .in the here and now.

Time To Lift Up Your Voices and Sing!

By Greg Benedetto
Music & Arts Director

The popular Chorus In Miracles is back at work/play creating new and inspiring music for the Sunday services. Rehearsals take place on Monday nights at 7:00 p.m. on the lower level. If you are interested in joining our group, just let me know. We are open to adults and youth alike.



Future plans include special Teen Chorus projects, Chorus visits to other area Unity churches, our annual Christmas Eve Candlelighting Service, and another visit to Jacobs Field to sing the National Anthem. Remember,

if you are looking for a fun-filled, energetic, not your grandmother's kind of church chorus experience, this is it.

We are still actively seeking a dynamic Gospel pianist, in addition to Lisa Bell Benedetto, to accompany the weekly Chorus In Miracles rehearsals, our periodic Sunday morning performances taking place once every four to six weeks, AND Christmas Eve. Contemporary Gospel experience a necessity.

On another note, fall is the ideal time of year for school age children to begin music lessons. Discover the music within you and learn how to enhance and become more confident with your "inner musical voice", whether it be singing, learning to play the piano, the guitar, or simply how to read music. It's all fun, and richly rewarding, and it's right here at our church.

For all of these opportunities, contact Greg at the church office or in person.



Our Newest Members

Fourteen new members were joyfully recognized by Unity of Greater Cleveland on the last Sunday in August and the first Sunday in September. In the left photo, left to right, are Jason Scott, Lana Durban, Gail Anderson and Rev. Joan. In the right photo, top row, left to right, are Jack Maiher, Debra Coleman, Pamela Smith, Joyce Shaw, Howard Hall, Jeanie Hall and Rev. Joan. In the bottom row, left to right, are Gerri Maynor, Lois Hansen, Lisa Harmon and Rudi Barnes.

4T Prosperity Program Returns!

The 4T is back! This popular, life-changing program returns to Unity of Greater Cleveland for 12 Tuesdays beginning October 3 at 7:00 p.m. The program is facilitated by **Hank Roth**, former church board chair and indefatigable and enthusiastic leader of the 4T.

You're the one who must do the work, but if you are ready for something completely different and mandatory for the serious truth student, schedule this money-back-guaranteed series that will change abundance in your life on all levels.

The classes are presented in an innovative way to learn the truth. When you pay the \$39.50 materials fee for the class, you receive an audio album and a word-for-word accompanying workbook. You'll learn by hearing and reading.

This is a course in prosperity transformation. You are asked to tithe of your time, talent and treasure for prosperity and fullness of life. This is a course in commitment. You can expect a renewal of mind and a change of consciousness that expresses in the manifest realm.

A video tape preview is required for first-time students. It is shown after church services, or you can make arrangements to see it by phoning the church office at 216 751-1198.

The Loving Course Set for October 20-22

The impressive Loving Course, with facilitators **Greg Liber** and **Jan Liber**, returns the weekend of October 20-22.

If you don't get enough joy out of life, keep doing things you don't want to do, sabotage your success, choose relationships that don't work, then the Loving Course is what you definitely need.

It will help you to discover your own answers to your questions through self-examination in an atmosphere of unconditional love.

The cost of the course is \$395 (all major credit cards accepted). Call the church at 216 751-1198 for more information or to register. Greg or Jan will return your call.

Help Support Uniteens

Please help support our Uniteens' "I Am Free . . . to be me" 2006 Great Lakes Fall Weekend Retreat coming up November 3-5. Fundraising efforts to send our young people on this "Unitreat" just outside Chicago (which provides the opportunity for them to grow spiritually, socialize and build new friendships) will be ongoing through the month of October.

Drum Circle Returns

If you who love the Drum Circle with **Baba Juba Harris**, it returns October 6 at 7:00 p.m.

The drum circle offers you the opportunity to learn to drum in the spirit of peace, love and unity. Says Baba "I express my love and devotion to God through the music of the drum. I have studied with master drummers in West Africa and America for over 25 years."

Baba Jubal is a Raj Yoga initiate and has a broad background in the field of music.

Bring a drum with you. If you do not have one, there will be instruments available.

Christening Set for Sunday, October 1

The next christening at our church is scheduled for Sunday, October 1, at the 11:00 a.m. service. Both children and adults may be christened. Please call the church office (216 751-1198) to be included in this sacred ceremony

From Children's Church October Is Love, Laughter, Creativity (and Fun)

The mission of Unity of Greater Cleveland's Children's Church is "to provide a safe and nurturing atmosphere of love, laughter and creativity in which the children of Unity can awaken and explore their Divine Nature."

During the month of October, we continue to support this mission with lessons that encompass all of these elements when the elementary and pre-school classes explore "Creation in Action." While our older children may be studying "My Power



to Create" by examining the power of the spoken word through the lesson of Jesus withering the fig tree (note: Unity founder Charles Fillmore said the fig tree symbolizes what in our life is not fruitful...and that by using the power of the word, we can wither these unproductive aspects of our mind), our younger children may be experiencing the insight of what it means to "Choose Wisely,"

as our role as teachers and spiritual guides is to help the children notice the choices they are making. We will cover "The Circle of Giving and Receiving" as well as "Being of Service" (where—imagine that—we can help the kids realize that "helping" doesn't mean drudgery, and in fact can be done with creativity and joy!)

Week 5 of October wraps up with a festivity the kids will surely enjoy. As Halloween represents our ability to remove our "masks" and reveal our true Christ nature, at our "Metaphysics of Halloween: Unmasking the Christ" lesson (and party!) we'll see the power in looking beyond appearances. The lesson incorporates Unity Principle #2, "I am naturally good because God's divinity is in me and in everyone," and also contains the affirmation "I am more than I appear to be. I Am the Christ." Finally, the party is being put together by our own Hank Roth, who has returned to the Children's Church as a teacher and was promptly named "master of ceremonies for all things fun!" Welcome back, Hank!

Yours in Unity,



Kimberly Chapple, Youth Education Director

From Age-ing to Sage-ing, a Five-Part Series with Dr. Judy Charlick

Dr. Judy Charlick, long-time member of Unity of Greater Cleveland, presents an important and intriguing five-part series, "From Age-ing to Sage-ing: A Wise Way of Growing Elder," beginning Monday, October 16, at 7:00 p.m.

Today we may live one-third or more of our adult lives after retirement. Yet our current model of aging provides few pathways and tools for people to grow and actively participate in our society as "elders of the tribe." Usually we are encouraged to either act like 40- or 50-somethings and deny the aging process, or to move aside and quietly cope with limitations and infirmity.

While there is some usefulness in those activities, they sell short the opportunities of fully, consciously embracing life as an elder. From "Age-ing to Sage-ing" is an extraordinary, holistic program that leads participants to experience their senior years as the best, richest, and most meaningful period of their lives. It is based on the book by Rabbi Zalman Schechter, who speaks to people of all faiths.

Although the material is oriented to those with at least 50 years of life experience, we can begin this adventure at any age. And those caring for seniors can also greatly benefit.

Judy holds a Ph.D. in Curriculum and Instruction from Kent State. She has been an educator for over 30 years and has taught adults, trained teachers, developed curriculums, administered educational programs, and given professional presentations and workshops. Register at church, or telephone 216 751-1198 for further information.

Dr. Francz Gringinger Addresses Spiritual Healing

Guest lecturer **Francz Gringinger, MD**, will be sharing his insights into the teachings by Bruno Groening on spiritual healing on Tuesday, October 24, at 7:00 p.m.

Medically documented healings are presented and explained in lay terminology. People who have been cured of mental, organic, and so-called "incurable" disease will report on their healings. During the lecture, Dr. Gringinger claims that participants will be able to experience the healing power in an easy, natural way.



Dr. Franz Gringinger is an active member of the MWF (Scientific Medical Group) of the worldwide Bruno Groening Circle of Friends, the largest spiritual healing organization in the world. He has lectured in many countries, including the U.S.A., England, Germany, Portugal, Italy and Greece.

Dr. Gringinger has been in private practice for 13 years. He studied at the University of Vienna, spent four years in hospital work there and then was Head of the Department of Physical and Mental Retardation at the famous Vienna Medical Center for ten years. He completed his acupuncture studies in 1993 and his chiropractic degree was finished in 1996. He is a 1997 graduate of the world-famous Vienna College of Osteopathy. Dr. Gringinger is currently completing work in Applied Kinesiology.

There is no fee for Dr. Gringinger's lecture, although love offerings are most welcome.

On a Personal Note

Bob Patetta was featured in the Akron General Hospital magazine as a happy, healed patient. And speaking of Bob, he and his wife **Jan** spent a month in Italy this summer.

Other travelers:

Adrienne Gerspacher and her husband **Jim** went to both Portugal and Spain. Adrienne's brother owns a home in Portugal.

Judy Charlick returned from an extended trip to France.

Baba Jubal Harris is back from Australia where he studied with one of his spiritual teachers.

New **Associate Minister Rev. Dana Cummings** spent nine days in Italy and France before starting his new position at our church October 1.

Retiring: **Rebecca Searcy** retired September 1 to fun and relaxation.

Volunteer of the Month

Congratulations Eric Doner

When Unity of Greater Cleveland was founded by **Rev. Joan Gattuso** 23 years ago, **Eric Doner** was one of the founding members.

From the beginning Eric used his Toastmaster skills to make the Sunday announcements. More than two decades later he is still the indefatigable person at the 9:00 a.m. service, letting everyone know what is happening at our church. Keep up the good work, Eric!

The Secret at Spiritual Cinema on October 27

Spiritual Cinema presents *The Secret* on Friday, October 27 at 6:30 p.m. Those who have seen it compare it favorably to *What the Bleep Do We Know?* Bring your dinner to enjoy during the movie. A discussion will follow.

From the Bookstore

The Four Spiritual Laws of Prosperity by Edwene Gaines

Edwene Gaines offers a program of practical steps and exercises to a life of *true prosperity* in *The Four Spiritual Laws of Prosperity, A Simple Guide to Unlimited Abundance*. She defines



true prosperity as all the money we can spend, a vitally alive physical body, work that's play, and satisfying, honest and nurturing relationships.

"Our lives are subject to a multitude of laws that we need to obey", says Gaines. There are laws of physics, gravity, and human laws. There are also spiritual laws and they play a powerful role in *true prosperity*. To achieve *true prosperity* we have to live by the four spiritual laws that govern prosperity.

She asks that we give ourselves six months, keep an open mind, act in faith, and observe changes taking place. Accept that there is good in the universe. Prepare for the kingdom to open. This will be a journey of prosperity.

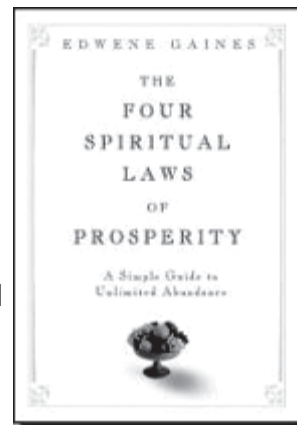
Life is about practicing the presence of God. Make a choice to align and embrace with the presence and power of God within us. As a child of God prosperity is our birthright, our divine inheritance.

God wants us to be prosperous and following the four spiritual steps outlined in this book will show us how. Explore these four spiritual laws. Wake up to your inherent divinity.

Abundant blessings,



Rita O. Jackson, Bookstore Manager



Grief Support Group Begins on October 1

Beginning on Sunday, October 1, the Grief Support Group will meet for six consecutive Sundays, from 12:30 to 2:30 p.m., in Room 6 on the lower level.

Facilitated by Licensed Unity Teacher **Gloria Ross**, this group will explore and examine grief and the grieving of life's transitions and losses. It will be open to anyone wishing to attend. There will be no fee for this series, but a workbook is available for purchase at the first meeting.

Here is the series agenda:

October 1: Grief—Physical symptoms and emotional reactions.

October 8: Feelings—Identifying and accepting feelings, expressing and releasing in a loving and nonjudgmental way.

October 15: Anger, Regret and Guilt—Acknowledging and normalizing strong emotions.

October 22: Sharing—Telling our stories and sharing our memories through mementos, photos, videos, etc. of the deceased.

October 29: Healing and Growing—Learning healthy coping skills.

November 5: Closure—Celebrating our growth and relationships as a group, saying good-bye.

Pre-registration is required, and a minimum number of participants are needed to facilitate the group. Please sign up at church or telephone the church office at 216 751-1198.

Rev. Joan Presents “Abraham” Material in October

Rev. Joan Gattuso will treat you with five powerful Sunday lessons in October—all based on the Abraham material she talks about in her letter on page 1. Associate Minister Rev. Dana Cummings expands on the Sunday lessons every following Thursday at 7:00 p.m. Here is the Sunday lineup:

October 1: “Three Steps to Get What You Want.” Here’s how you can fully engage the creative process.

October 8: “Where is YOUR Focus?” Your attention must be on “it,” not the lack of “it.”

October 15: “Abuzz with Your Good.” What the “heck” is vibrational alignment?

October 22: “A Consistent Formula Gives Consistent Results.” Principle always works, and here is how you can better work it.

October 29: “The Science of Deliberate Creation.” There is no ending to the consistent flow of your good.

Unity of Greater Cleveland Volunteer & Staff Directory

Founding Minister: Joan M. Gattuso

Associate Minister: Dana Cummings

Board of Advisors:

Chair - Minnie Bowers

Vice Chair: Liz Parks

Co-Treasurers: Katie Augustine and

Mary Ann Davis

Secretary: Sandy Deck

Prosperity Partner: Ed Erbach

Alternate: Linda Julian

Licensed Teacher - Gloria Ross

Practitioners - Cynthia Bowers, Bob

Churilla, Pamela Ellison, Dawn

Falkenstein, Jeanne Hood, Georgia Hyde,

Bob Javorsky, Vivian Miller, Shirley

Nelson, Nona Oriti, Milly Owens, Zita

Farrell-Andrews, Karen Shepherd, Sheryl

Thomas

Fund Development Committee Chair:

Mary Ann Davis

Projects Manager: David Alexander

Executive Director: Felicia Martinez

Secretary: Rudi Barnes

Accountant: Kim Heiman

Minister's Sunday Assistant - Paul

Landis, Gloria Ross

Youth Education Director - Kim Chapple

Curriculum Development Coordinator -

Evelyn Canton

Nursery (0-3 years old) - Gail Anderson,

Michelle Federico, Carly Patetta, Debbie

Reeing, JoJo Salupo

Preschool/Kindergarten (4-5 years old) -

Evelyn Canton, Wendy Johns, Hank Roth

Elementary (6-8 years old) - Stephanie Barry,

Kimberly Chapple, Indi Shekerjian

Upper Elementary (9-10 years old) - Lisa

Harmon, Felicia Martinez, Dave Mason

Uniteens (11-13 years old) - Susan Cristal,

Frank Kenner, Freddie LaTorre

Y.O.U. (14-18 years old) Sponsor - Chrystal

LaTorre

Bookstore Manager - Rita O. Jackson

Volunteers - Mary Jo Nigro, Margaret Miller,

Shirley Nelson, Ranonda Jones, Vivian

Miller, Kathy Sullivan, Margo Viragh, Katie

Augustine, George Miljevich, Todd Mueller,

Michael Powers, Loretta Williams

Newsletter - David Alexander

Greeter Coordinators -

Music Director & Soloist - Greg Benedetto

Pianists - Lisa Bell Benedetto, Jan Patetta

Percussion - Roy King, Baba Jubal Harris

Bass - Ed Lemmers

Sound System - Bob Jones, Bob Patetta,

Anthony Nickerson-El

Florist - Blooms

Hospitality - Carl Kornicks, Paul Landis, Clare

Randolph, Frank Rupsic, Todd Mueller

Meals on Wheels - Andrea Gidycz

Web Site Manager: Scott Dockus

Sunday Service Times - 9:00 a.m. and 11:00

a.m. (nursery at both services) Children's

Church, Lightstreamers, Uniteens, and Y.O.U. -

11:00 a.m.

Church Location and Telephone:

3350 Warrensville Center Road

Shaker Heights, OH 44122

216 751-1198 or 800 468-8012

Dial-a-Prayer - 216 751-1199

FAX - 216 751-1460

E-mail: unity@unitygreatercleveland.com

Web site: www.unitygreatercleveland.com

October 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10 am - ACIM 9 & 11 am Service: "Three Steps to Getting What You Want" (Rev. Joan Gattuso) [11 am - Christening] 12:30 pm - "Healing Our Grief" (Gloria Ross)	2 7:30 am - Meditation (Gerri Maynor) 7 pm - A Chorus in Miracles rehearsal 7 pm - "From Age-ing to Sage-ing" (Charlick)	3 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters 7 pm - 4T Program (Hank Roth)	4 7:30 am - Meditation (Gerri Maynor) 6:30 pm - Yoga (Gerri Maynor)	5 7 pm - Service (Rev. Dana Cummings)	6 7:30 am - Meditation (Gerri Maynor) 7 pm - Drum Circle (Baba Jubal and first Friday in Nov and Dec)	7 8 am - Yoga (Gerri Maynor)
8 10 am - ACIM 9 & 11 am Service: "Where Is YOUR Focus?" (Rev. Joan Gattuso) 12:30 pm - "Healing Our Grief" (Gloria Ross)	9 7:30 am - Meditation (Gerri Maynor) 7 pm - A Chorus in Miracles rehearsal 7 pm - "From Age-ing to Sage-ing" (Charlick)	10 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters 7 pm - 4T Program (Hank Roth)	11 7:30 am - Meditation (Gerri Maynor) 6:30 pm - Yoga (Gerri Maynor)	12 7 pm - Service (Rev. Dana Cummings)	13 7:30 am - Meditation (Gerri Maynor)	14 8 am - Yoga (Gerri Maynor)
15 10 am - ACIM 9 & 11 am Service: "Abuzz with Your Good" (Rev. Joan Gattuso) 12:30 pm - "Healing Our Grief" (Gloria Ross)	16 7:30 am - Meditation (Gerri Maynor) 7 pm - A Chorus in Miracles rehearsal 7 pm - "From Age-ing to Sage-ing" (Charlick)	17 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters 7 pm - 4T Program (Hank Roth)	18 7:30 am - Meditation (Gerri Maynor) 6:30 pm - Yoga (Gerri Maynor)	19 7 pm - Service (Rev. Dana Cummings)	20 7:30 am - Meditation (Gerri Maynor) 7 pm - The Loving Course	21 8 am - Yoga (Gerri Maynor) 9 am - The Loving Course
22 9 am - TLC 10 am - ACIM 9 & 11 am Service: "A Consistent Formula Gives Consistent Results" (Rev. Joan Gattuso) 12:30 pm - "Healing Our Grief" (Gloria Ross)	23 7:30 am - Meditation (Gerri Maynor) 7 pm - A Chorus in Miracles rehearsal 7 pm - "From Age-ing to Sage-ing" (Charlick)	24 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters 7 pm - 4T Program (Hank Roth)	25 7:30 am - Meditation (Gerri Maynor) 7 pm - Benjy Wertheimer Concert	26 7 pm - Service (Rev. Dana Cummings)	27 7:30 am - Meditation (Gerri Maynor) 6:30 pm - Spiritual Cinema (<i>The Secret</i>)	28 8 am - Yoga (Gerri Maynor)
29 10 am - ACIM 9 & 11 am Service: "The Science of Deliberate Creation" (Rev. Joan Gattuso) 12:30 pm - "Healing Our Grief" (Gloria Ross)	30 7:30 am - Meditation (Gerri Maynor) 7 pm - A Chorus in Miracles rehearsal 7 pm - "From Age-ing to Sage-ing" (Charlick)	31 12:30 Silent Unity Prayer Service 6:15 pm - Toastmasters 7 pm - 4T Program (Hank Roth)				



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Shaker Heights, OH 44122
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events: www.unitygreatercleveland.com**

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Welcome Dana!

Please help us welcome our new **Associate Minister Rev. Dana Cummings** at a reception after the 11:00 a.m. Sunday service on October 1. Please bring your favorite finger food to share with the congregation.

Dana will "hit the ground running" by being the presenter at the Thursday evening services in October. He will also be in charge of our church's volunteer effort.